

Working with PQIP

Greater Manchester

ERAS+ collaboration

Dr John Moore, Medical Lead ERAS+

16th April 2018















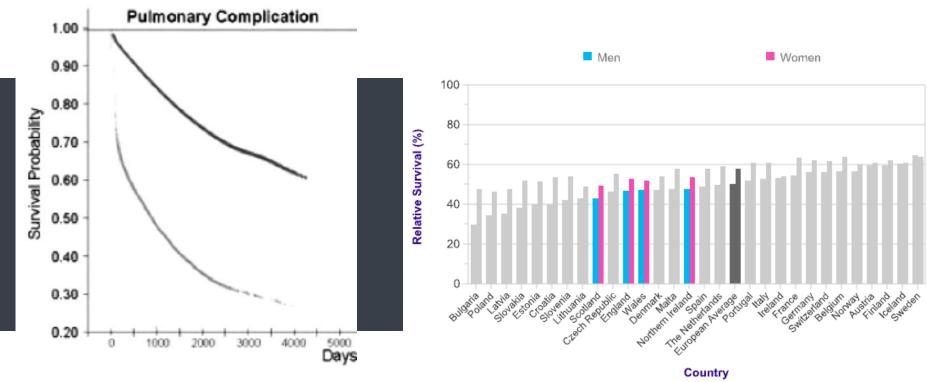
PREPARING YOU FOR SURGERY,

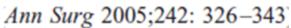
ENHANCING YOUR RECOVERY





Why does major surgery need a new pathway?









GM ERAS+ 6 components

















250,000 patients a year/uk



Preparation

Healthcare and patient-family partnership

Patient empowerment

Training for 'my surgery'

Major Surgical Event

Getting it right first time for patients

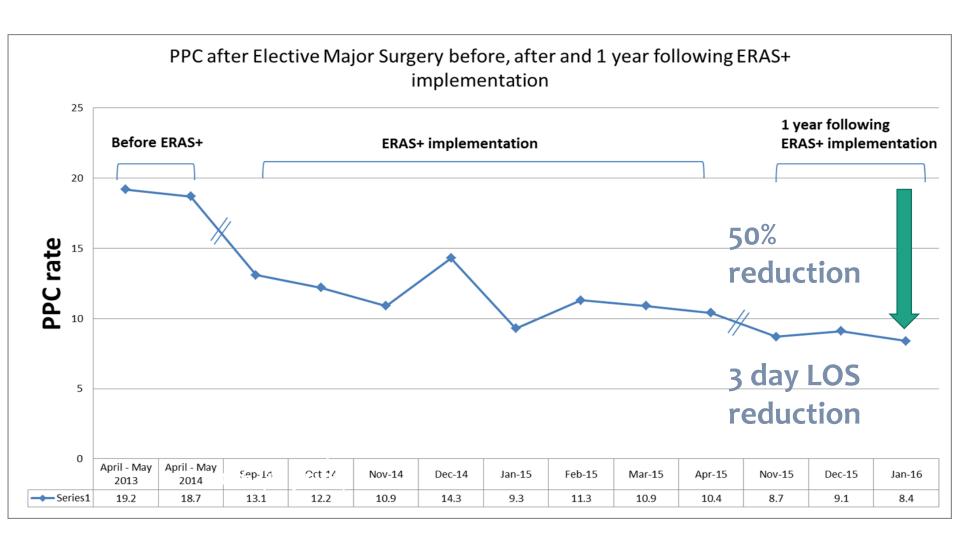
ERAS encompassing respiratory recovery Recovery

Supported recovery for patients

Patient facing outcomes























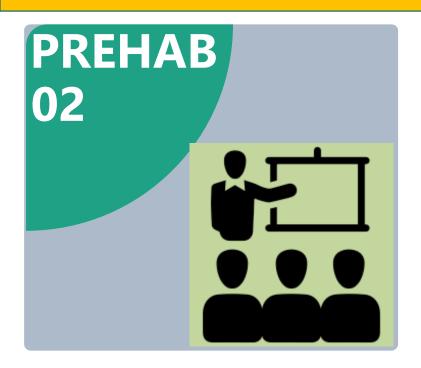




















ACTIVITY and MUSCLE TRAINING

Surgery is a big stressor for your body and we need to get you as fit as possible





Lets get your lungs fit and ready for surgery



NUTRITION

Your body is getting ready for Surgery - need to eat well - we'll tell you how to do it





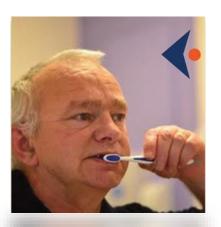
















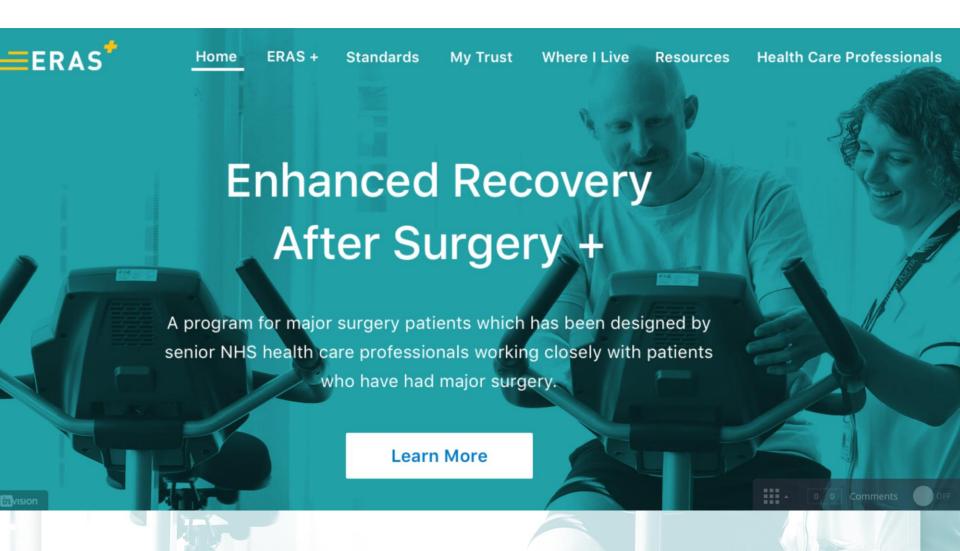
i C ough

Incentive spirometry
Coughing
Oral Healthcare
Understanding
Getting out of bed
Head of bed elevation

Keeping my lungs big and clean

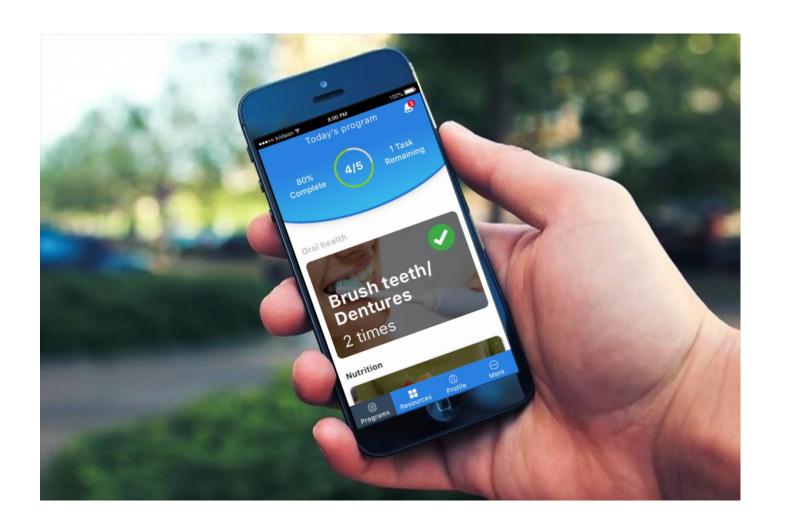






Preparing you for surgery, enhancing your recovery









All about our **Staff** Adult Critical Care, Central Manchester University Hospitals NHS Foundation Trust, January 2015

ICOUGH PRESCRIPTION - PILOT

Always state indication and reason for	Time	Given/	Given/	Given/	Given/	Given/	Given
stopping	to be	check	check	check	check	check	check
	given				- Sen	- Sen	
	Date						
Procedure	08.00						_
Incentive spirometry	00.00						
Start date and duration	12.00						
Special Instruction/Pharmacy	16.00						
Signature/Date	20.00						
Procedure	Date						
Mobilisation into chair		_	-	-	-	-	-
Mobilisation into chair	AM						
Start date and duration							
Special Instruction/Pharmacy							
Aim for a minimum of 30-60 minutes twice daily on days 1 and 2			_	_	_	_	_
Signature/Date	PM						
Drug Sodium Fluoride toothpaste	Date						
	09.00						
Dose One application							
Route Topical							
Start date							
Duration							
Special Instruction/Pharmacy Dentures should also be washed							
Signature/Date	21.00						
Drug	Date						
Chlorhexidine mouthwash	10.00						
Dose 20ml							
Route Topical							
Start date							
Duration							
Special Instruction/Pharmacy							
** Check allergy status to chlorhexidine**							
Must be used at least 30 minutes after brushing with fluoride toothpaste							
Signature/Date	22.00						
-							

If unable to complete iCOUGH prescription please document reason using the following codes:

1. Chlorhexidine allergy
2. Patient fett unwell on mobilisation
3. Haemodynamic support precluded out of bed mobilisation
5. > 5mL/hour of noradrenaline 4mg in 50mL glucose 5% following discussion with Consultant

Delivery of ERAS+ care









ERAS+ COMMUNITY









GMACTIVE



Bolton Community Leisure



















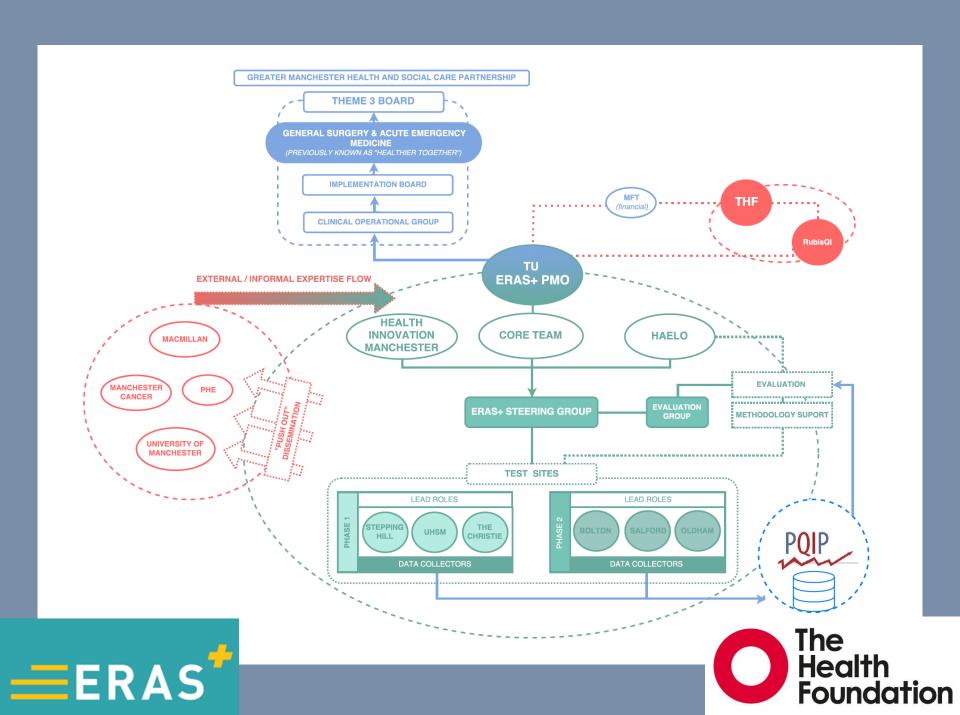
c.30m visits per year

87 leisure and sport facilities









GM ERAS+ 6 components





















- ✓ Pre-hospital
- √ Hospital ERAS+ compliance and outcomes
- ✓ Activity mapping
- ✓ Functional recovery and survival

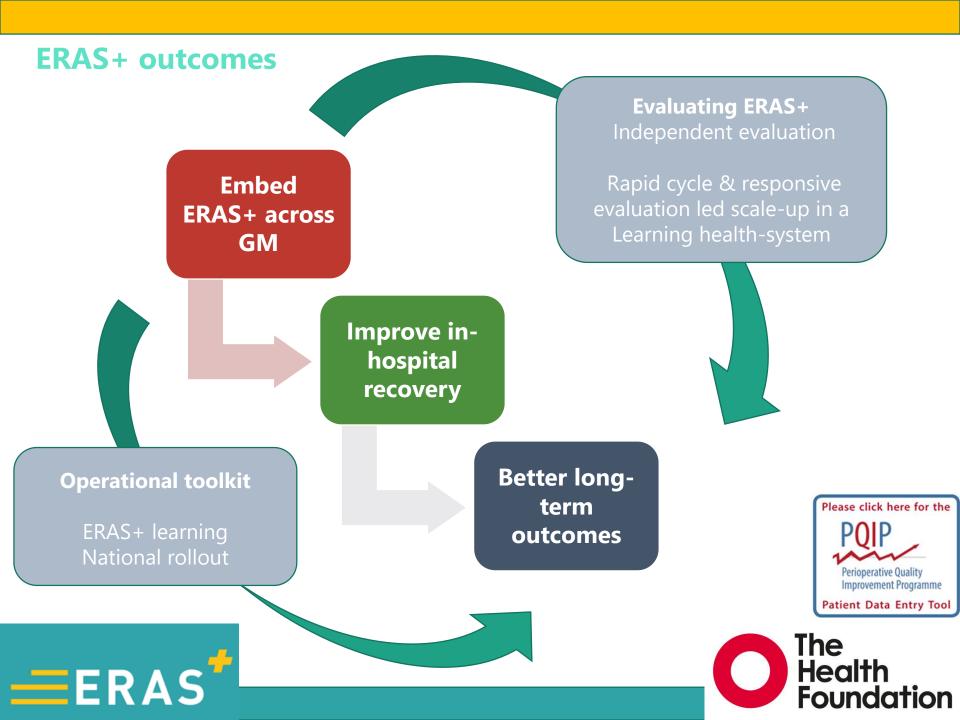


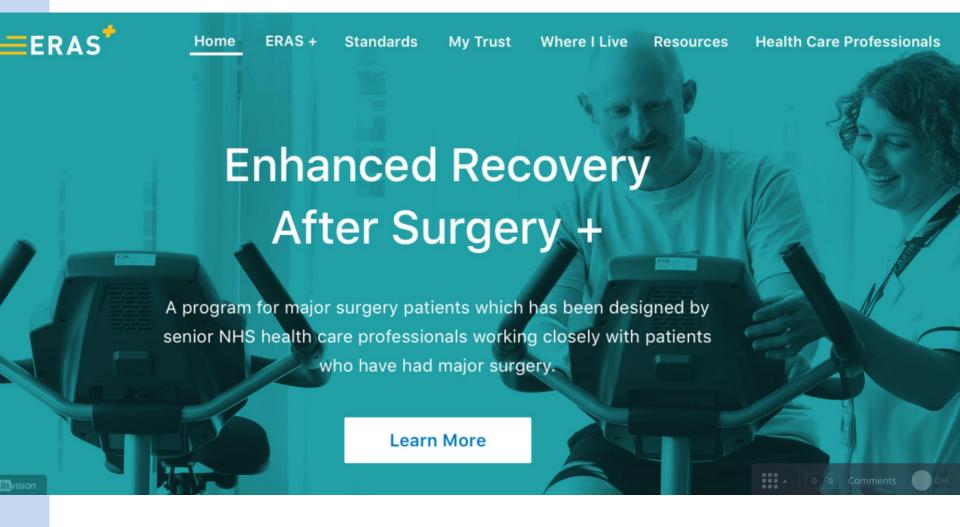












Questions?







